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FOR IMMEDIATE RELEASE

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ProMutual Group Announces New Risk Management Education Program

Fetal Heart Monitor Program Helps Healthcare Providers Assess Risks During Labor

Boston, MA (January 6, 2010) – ProMutual Group, a leading provider of medical professional liability insurance, announces its new fetal heart monitor risk management education program for policyholders. The educational program helps obstetricians, gynecologists, certified nurse midwives and family practitioners who perform deliveries to identify normal fetal heart rate patterns during labor and identify signs of potential risks. Policyholders who complete the program may be eligible for up to a five percent credit for three years at their next renewal.

In addition to a possible premium credit, physicians may also earn three risk management, continuing medical education *AMA PRA Category 1 Credits™* after successfully completing the program. ProMutual Group's program costs \$20 and is available on the company's continuing medical education website, www.pmgcme.com. ProMutual Group is accredited by the Accreditation Council for Continuing Medical Education.

Electronic fetal heart monitoring is an important tool for healthcare providers in the assessment of fetal well-being during labor. ProMutual Group's new program provides an overview of fetal heart monitoring along with examples of common and abnormal fetal heart rate patterns during labor. It also outlines steps of when and how to act in the event of abnormal patterns to reduce risks for both mothers and babies.

"We are pleased to offer this new program to help our policyholders effectively monitor and accurately interpret fetal heart rate patterns during the critical labor period," said Anne Huben-Kearney, vice president of risk management for ProMutual Group. "When physicians interpret patterns quickly and accurately, they can intercede in a timely manner which often results in healthier outcomes for babies and mothers. This is just one more way we are helping our policyholders and their patients."

The fetal heart rate monitor program is the latest risk management initiative for ProMutual Group, a company known for its award-winning policyholder services and resources. Other risk management offerings from ProMutual Group include its quarterly newsletters, journal publications, consultative services and computerized office appraisals with benchmarking capability. The company's risk management staff, comprised of registered nurses, also offers risk management services at a cost to healthcare providers not insured by ProMutual Group in its Northeast territories.

For more information about ProMutual Group contact Nina Akerley, public relations specialist for ProMutual Group, at nakerley@promutualgroup.com or (617) 946-8665.

About ProMutual Group

ProMutual Group is one of the top 10 medical liability insurance providers in the country based on direct written premium. ProMutual Group member companies insure more than 22,000 physicians, surgeons, and dentists as well as nearly 500 hospitals, health centers and clinics in 19 states from coast to coast. ProMutual Group has net admitted assets in excess of \$2.6 billion as of Sept. 30, 2009. ProMutual Group member companies Medical Professional Mutual Insurance Company, ProSelect Insurance Company and MHA Insurance Company have a Best's Rating of A- (Excellent) and Washington Casualty Company has a Best's Rating of B+ (Good). ProMutual Group is acknowledged as a leader in providing risk management and claim services to the healthcare community, and it offers risk management consultations and educational activities at cost to healthcare providers across the country. For more information, visit ProMutual Group's website at www.promutualgroup.com.

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