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FOR IMMEDIATE RELEASE

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ProMutual Announces Dividend for MA Hospitals

Boston, MA (October 5, 2010) – Medical Professional Mutual Insurance Company (“ProMutual”) recently announced that its Board of Directors has declared a five percent dividend for most of its healthcare facility policyholders in Massachusetts. The company last declared a dividend for healthcare facilities a decade ago. This year’s decision coincides with a 2.5 percent increase in base rates for medical professional liability insurance for this group. The dividend and rate increase will affect approximately 100 healthcare facilities in the state.

The healthcare facility dividend reflects the company’s positive past performance. The funds were originally allocated to pay forecasted claims, but actual costs were less than anticipated. Contributing to this outcome was the company’s diligence in helping policyholders focus on patient safety through risk management and the expertise of its claim staff. Qualified policyholders will receive the dividend upon their renewal date beginning on September 1, 2010.

“This dividend is good news for hospitals and healthcare facilities in the Commonwealth,” said Richard W. Brewer, president and CEO of ProMutual Group. “With today’s challenges in medicine, it’s nice to have had these positive results and be able to issue a dividend. We will continue to look towards the future and invest in the areas of our business that benefit our policyholders the most and which provide unparalleled protection.”

The company’s 2.5 percent rate increase corresponds to a recent trend of elevated frequency in medical professional liability claims in Massachusetts as well as a corresponding rise in inflation and costs associated with healthcare and litigation defense. The rate change will become effective on September 1, 2010, and will affect policies as they renew throughout the year. The increase will allow the company to adequately prepare for an increase in medical malpractice claims and ensure that anticipated defense costs and indemnity awards are covered. ProMutual Group is committed to doing everything it can to assist policyholders to reduce claims and control costs.

For more information visit the company’s website at www.promutualgroup.com.

About ProMutual Group

ProMutual Group is one of the top 10 medical professional liability insurance providers in the country based on direct written premium. ProMutual Group member companies insure more than 22,000 physicians, surgeons, and dentists as well as nearly 500 hospitals, health centers and clinics in 22 states from coast to coast. ProMutual Group has net admitted assets in excess of \$2.6 billion as of Dec. 31, 2009. ProMutual Group member companies Medical Professional Mutual Insurance Company, ProSelect Insurance Company and MHA Insurance Company have a Best’s Rating of A- (Excellent) and Washington Casualty Company has a Best’s Rating of B+ (Good). ProMutual Group is acknowledged as a leader in providing risk management and claim services to the healthcare community, and it offers risk management consultations and educational activities at cost to healthcare providers across the country. For more information, visit ProMutual Group’s website at www.promutualgroup.com.

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